

Role of Biomaterials in treatment of Alzheimer's disease: A literature review

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Abstract

Currently, five medications have been approved by the FDA to treat Alzheimer's disease (AD); Donepezil, which is used at all stages of AD, galantamine, and rivastigmine for mild to moderate stages, and Memantine and a combination of Memantine and donepezil for moderate to severe stages. The ability of these drugs to cross the blood-brain barrier (BBB) determines their exact efficacy. Numerous biomaterials were introduced as a vector for drug agents and increased bioavailability. In this review, we summarized several biomaterials which were used in the treatment of AD.

Keywords: Alzheimer's disease, biomaterials, nanocarriers, nanoparticles

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Introduction

Alzheimer's disease (AD) is the most prevalent cause of dementia and is the sixth leading cause of death worldwide (1). AD is expected to affect 1 in every 85 people by 2050. (2). Memory loss, disorientation of time and place, dramatic personality changes, and poor judgment are all signs of AD that worsen as the disease progresses (3). Amyloidopathy, which refers to the accumulation of amyloid beta ($A\beta$) protein in the brain, is one of the most well-known theories behind the pathogenesis of AD. Amyloid precursor protein (APP) is a transmembrane protein found in the CNS that is cleaved by γ - and α -secretase enzymes, resulting in the formation of $A\beta$ monomers with 39–43 residues. $A\beta_{1-42}$ is the most toxic type, resulting in a high potential for aggregation owing to its high hydrophobicity. Over time, toxic $A\beta$ oligomers, fibrils, and plaques are developed from $A\beta$ monomers and accumulate in the cortical and hippocampal areas (4). On the other hand, the role of tauopathy in AD pathology has received considerable attention since $A\beta$ immunotherapy failed in several clinical trials (5). Tau is a microtubule-associated protein (MAP) whose functions are thought to be regulated by

phosphorylation. Phosphorylated tau (P-tau) dissociates from microtubules and forms neurofibrillary tangles (NFTs), which disrupt synaptic transmission and inevitably lead to neuronal cell death (6). The impairment of the cholinergic system is also evident in AD patients and acetylcholine production is diminished due to the loss of cholinergic neurons and enzymes (7). Both A plaques and NFTs elicit immune responses, as well as microglia activation and inflammatory cytokine production. This inflammatory environment, along with oxidative stress and reactive oxygen species (ROS), causes neuronal death in a variety of brain areas (8). Currently, five medications have been approved by the FDA to treat AD; Donepezil, which is used at all stages of AD, galantamine, and rivastigmine for mild to moderate stages, and Memantine and a combination of Memantine and donepezil for moderate to severe stages. The ability of these drugs to cross the BBB determines their exact efficacy.

Although new treatments try to alleviate AD symptoms, replacing the lost cells can yield promising outcomes. Since transferring stem cells to the brain without a scaffold exposes them to a hostile environment, some peptides that could self-assemble into nanofibers and serve as scaffolds for neural stem

cells have emerged (9). Self-assemble peptides were developed to improve the cell-supporting properties of the previous self-assemble peptides, such as RADA16, which was composed of the amino acids Arg, Ala, Asp, and Ala and then modified with a laminin-derived peptide sequence. These materials decreased the apoptosis rate, increased neurotrophic peptides and anti-inflammatory cytokines, and rescued neural cells (10).

Polymeric nanoparticles

Polymeric nanoparticles are auspicious candidates for drug delivery due to their low toxicity and high drug-loading capacity. polymeric nanoparticles include poly (lactic-co-glycolic acid) (PLGA), Poly (lactic acid) (PLA), poly (butyl cyanoacrylate) (PBCA), chitosan, poly (glycolic acid) (PGA), poly (caprolactone) (PCL), and gelatin (9, 11).

PLGA is the most common nanomaterial in drug delivery for AD. Memantine is an approved treatment for AD, although it has not yet been proven to be completely effective. Sánchez et al. loaded memantine in PLGA, surface-coated with polyethylene glycol (PEG) to target the BBB and showed a decrease in A β plaque burden and improvement in memory impairment in transgenic APPswe/PS1dE9 mice in comparison to free drug administrated mice (12). Curcumin is a herbal polyphenol with anti-inflammatory and metal chelating; however, it has a low water solubility, a high clearance, and limited access to the BBB (13). Curcumin disaggregates A β plaques and attenuates hyperphosphorylation of tau protein but its low bioavailability makes it ineffective for therapeutic purposes (14). To compensate for curcumin's limited capacity to cross the BBB, Barbara et al. loaded it into PLGA nanoparticles. This resulted in a reduction in A β aggregates in vitro cultured hippocampal neuronal cells (15). In another study, Huang et al. designed a novel PLGA-nanoparticle by loading A β generation inhibitor S1 (PQVGHL peptide) and curcumin into a PLGA nanoparticle and conjugating it with a brain-targeting peptide CRT (cyclic CRTIGPSVC peptide). In transgenic AD mice, this PLGA nanoparticle decreased A β level and improved spatial memory and cognition while lowering inflammatory cytokines (16). Furthermore, PLGA can be combined with other materials to increase bioavailability. In this regard, Kuo et al. developed a lipid-coated polymeric nanoparticle consisting of polyacrylamide (PAAM)-cardiolipin (CL)-(PLGA) grafted with a monoclonal antibody to improve permeability and deliver rosmarinic acid and curcumin to the brain. This delivery method significantly enhanced the survival of the A β insulted cells (17). The etiology of AD is linked to the interaction between accumulated A β and excess metal iron. Quercetin is a natural product with properties essential for permeating the BBB. Sun et al. developed PLGA-functionalized quercetin (PLGA@QT) NP that inhibited the Zn²⁺-A β 42 system neurotoxicity and ameliorated the memory function (18).

Another nanoparticle being investigated as a drug delivery mechanism is Poly (lactic acid) (PLA). To improve target binding in the brain, a PEGylated-(PLA) polymer was

designed and conjugated with two targeting peptides (TGA and QSH). TGA binds to the BBB ligands and QSH has a good affinity with A β 1-42. These nanoparticles achieved a precisely targeted delivery in transgenic AD mice models (19).

In the treatment of AD, growth factor-loaded nanoparticles are also being considered. PBCA has been used to deliver nerve growth factors (NGF). An increase in memory functions was observed after intravenous injection of NGF-loaded PBCA into an amnesic-induced mouse (20).

Chitosan is a biocompatible, low-toxic, and non-immunogenic material. Its mucoadhesive properties enable chitosan-based nanoparticles to penetrate the mucous membrane more effectively (21). As previously mentioned, rivastigmine is an FDA-approved anticholinesterase inhibitor with gastrointestinal side effects. These side effects are avoided when rivastigmine is administered through transdermal patches, but the drug's effectiveness is hampered due to its low diffusion (22).

The use of polysorbate-80 coated chitosan nanoparticles to encapsulate rivastigmine decreases adverse effects, increases the mean tolerated dose, and improves safety (23). Moreover, chitosan can be applied for nonpharmaceutical drug delivery. Curcumin-loaded nanoparticles conjugated with chitosan are suggested to enhance the bioavailability and macrophage phagocytosis of A β 1-42 (24, 25).

Magnetic nanoparticles

Abnormal homeostasis of metal ions will hasten the progression of AD. The most important elements in this process are Fe, Zn, and Cu. Iron chelators have been conjugated into different nanoparticles including polystyrene and lipid nanoparticles (26).

Magnetic nanoparticles can be used as diagnostic probes in neurodegenerative disorders such as AD. Amyloid plaques can be identified in MRI images using iron oxide nanoparticles modified with protein motifs for biocompatibility and solubility (27). In a study by Fernández et al., magnetic nanoparticles were conjugated with anti-ferritin antibodies and transferred to transgenic AD mice which helped to recognize ferritin-accumulated brain regions, especially the subiculum and hippocampus (28). Likewise, magnetic nanoparticles have the potential to be used as a medication in AD treatment. In contrast to the native osmotin-treated mice, Faiz et al. loaded osmotin onto Dextran coated Fe₃O₄ magnetic nanoparticles and transmitted it to the brain of A β 1-42-treated mice under functionalized magnetic field guidance, resulting in reduced A β accumulation, p-tau level, and synaptic deficits (29). Administration of gold nanoparticles preceded by exposure to a weak microwave field can help to dissolve A β fibrils and mitigate AD progression (30). Furthermore, Au nanoparticles combined with polyoxometalate have been shown to inhibit A β aggregation and A β fiber association (31). A β plaque can be probed with gold nanoparticles, which can aid in the diagnosis of AD. As such, the use of four fluorescent nanoparticles in conjunction with fluorescent intensity analysis of biological samples may be used to distinguish AD-specific proteins (32).

Liposomes

Liposomes are promising drug delivery systems that can cross the BBB due to their ability to combine with biological membranes. Liposomes are biodegradable materials with a PEG coating that can extend their circulation half-life (9). They can be surface engineered with anti-A β antibodies or deliver natural substances such as curcumin and quercetin, growth factors like brain-derived neurotrophic factors (BDNF), or therapeutic drugs including rivastigmine (33, 34). Quercetin encapsulation in liposomes grafted with lactoferrin and bradykinin analog has improved their ability to pass the BBB (35). Serotonin modulators can interact with serotonin receptors on brain microvessel endothelium and may modulate brain activities in AD, besides, apolipoprotein E can assist in crossing the BBB via low-density apolipoprotein receptors. A β targeting liposomes, surface coated with serotonin modulators and apolipoprotein E, delivering NGF simultaneously, elevated NGF permeation through BBB, decreased secretion of acetylcholine esterase, and preserved hippocampal serotonergic neurons (36).

Micelles

Micelles can operate as a drug delivery system. Curcumin-loaded polymeric nanomicelles have been shown to inhibit amyloidogenesis through the glycation process of amyloid fibril synthesis (37). Even in the early stages of AD, mitochondrial dysfunction plays a crucial role in pathogenesis. As a result, delivering antioxidants to the mitochondria of impaired neurons can help to alleviate the progression of the disease. Yang et al. used neural cell adhesion molecules and triphenylphosphonium for mitochondrial targeting (CT-NM) to design a neural-mitochondrial targeted micelle, which was then loaded with resveratrol. CT-NM improved cognitive performance and attenuated A β deposition in transgenic AD mice (38). In another study, micelles were engineered to be able to accumulate in disease areas of the brain and exert ROS scavenging and A β inhibiting effects. To modulate the AD microenvironment in the brain, these micelles target microglia, and neurons in a sequential manner (39).

Dendrimers

Dendrimers are symmetric nano-sized molecules with a variety of properties, including polyvalency, low cytotoxicity, self-assembly, and solubility, which qualify them for medical purposes (40). Dendrimers are drug-delivery devices as well as therapeutic agents. Tacrine is an anticholinesterase activity that causes hepatotoxicity. Tacrine was co-administered with PAMAM dendrimers as a drug delivery mechanism, which reduced hepatotoxicity without interfering with its anticholinesterase activity (41). Another form of dendrimer that can reduce the cytotoxicity of intermediate metabolites during the A β aggregation process is cationic phosphorus dendrimers (CPD) (42). CPD can also inhibit acetylcholine esterase activity and decrease the secretion of TNF- α (43). Ester et al. developed dendrimers with a maltose histidine coating to enhance biocompatibility and ability to cross the

BBB and demonstrated their effectiveness in preventing AD through synaptic protection (44).

Conclusion

Using the unique features of biomaterials, there were successful target-specific therapies. However, the main limitation is the lack of proper treatment for AD. The use of biomaterials offers a great opportunity for future drug agents to reach maximum efficacy in AD patients.

Deceleration

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Conflict of interest

The author declares no conflict of interest regarding the publication of this paper.

Ethical approval

Since the data in this paper were obtained from the ADNI database (adni.loni.usc.edu), it does not include any research involving human or animal subjects.

Availability of data and material

The datasets analyzed during the current study are available upon request with no restriction.

Consent for publication

This manuscript has been approved for publication by all authors.

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